

# ***Education of Psychiatrists in ECT*** ***ECT: the modern evidence base***

## **14th Annual Meeting**

### ***European Forum for ECT (EFFECT)***

*Jointly organized with the **Biological Psychiatry Section of Polish Psychiatric Association** and the **Institute of Psychiatry and Neurology***

**Warsaw, Poland, Fri-Sat, October 25-26, 2024**

#### Venue

Institute of Psychiatry and Neurology

Sobieskiego 9, 02-957 Warszawa, Poland

Building S, Department of Forensic Psychiatry (Klinika Psychiatrii Sądowej), Lecture Hall, Second Floor

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#### Registration

This meeting is for ECT practitioners, prescribers and researchers. All eligible participants need to register via [www.theeffect.eu](http://www.theeffect.eu), with your name, full clinical/academic affiliation details and address, and e-mail.

This meeting is free to ECT practitioners who register from Poland. For all other participants the registration is complete after transfer of €100 to account: IBAN-code: BE94 7795 9036 9114; BIC-code: GKCCBEBB

**EFFECT**  
European Forum For Electroconvulsive Therapy



## Scientific meeting Friday, October 25<sup>th</sup>

### Official language of the day: Polish

- 09:00 - 09:30            **Registration**
- 09:30 - 09:40            **Introduction and welcome**  
Adam Wichniak  
(Biological Psychiatry Section of Polish Psychiatric Association)
- Gabor Gazdag  
(European Forum For Electroconvulsive Therapy)
- Director of the Institute of Psychiatry and Neurology

### **Clinical Practice Nuggets – first serving**

Chair: Łukasz Świącicki

- 09:40 – 10:10            **Basic knowledge about ECT – indication, contradiction**  
Anna Zofia Antosik
- 10:10 – 10:40            **How to perform ECT – technical issues**  
Agnieszka Permoda-Pachuta
- 10:40 – 11:10            **Seizure monitoring during ECT**  
Adam Wichniak

### **11:10 - 11:30      Refreshment Break**

Chair: Adam Wichniak

- 11:30 – 12:00            **Esketamine in the treatment of TRD**  
tbc
- 12:00 – 12:30            **Social and cultural perception of ECT**  
Łukasz Świącicki
- 12:30 – 13:00            **ECT in catatonia**  
Gábor Gazdag (in English, Semmelweis University, Hungary)
- 13:00 – 13:30            **Residual symptoms and partial response to antidepressant treatment -  
importance for the patient's quality of life and further prognosis**  
Anna Zofia Antosik

### **13:30 – 14:30      Lunch Break/ Visit to the ECT Facility**

## Clinical Practice Nuggets – second serving

Chair: Anna Zofia Antosik

- 14:30 – 15:00      *Anaesthesia for ECT*  
Patryk Rodek
- 15:00 – 15:30      *Efficacy of ECT in various indications*  
Krzysztof Kucia
- 15:30 – 16:00      *ECT in pregnancy*  
Malgorzata Urban-Kowalczyk
- 16:00 – 16:30      *ECT in the elderly population*  
Monika Dominiak
- 17.00-17:30      *Electrode placement and pulse width in ECT: what should I choose?*  
Declan McLoughlin (in English; Trinity College Dublin, Ireland)

## Scientific meeting Saturday, October 26<sup>th</sup>

Official language of the day: English

- 09:00 - 09:30            **Registration**
- 09:30 - 09:40            **Introduction and welcome**  
Adam Wichniak (Poland), Pascal Sienaert (Belgium)

### **ECT in Poland – past, present and future**

Chair: Adam Wichniak (Poland)

- 09:40 - 10:00            **ECT use in Poland**  
Anna Zofia Antosik (Poland)
- 10:00 – 10:20            **Education of psychiatrists in ECT**  
Piotr Jazdzyk (Poland)
- 10:20 - 10:30            Questions and answers

### **Translational research update**

Chair: Pascal Sienaert (Belgium)

- 10:30 – 10:50            **Spade fMRI GEMRIC symposium**  
Jean-Baptiste Belge, UC Luik (Belgium)
- 10:50 - 11:10            **A prediction model for electroconvulsive therapy effectiveness in patients with major depressive disorder from the Dutch ECT Consortium (DEC)**  
Dore Loef, Annemiek Dols (the Netherlands)
- 11:10 – 11:30            **Copenhagen Real-World Clinical Outcomes of Continuation and Maintenance Electroconvulsive Therapy**  
Anders Jorgensen (Denmark)

### **11:30 - 12:00 Refreshment Break**

- 12:00 - 12:20            **Impact of Titration, Dosage, and pulse-width, across Age on Electroconvulsive Therapy Effectiveness in Depression**  
Julia Meijer, Eric van Exel (the Netherlands)
- 12:20 – 12:40            **Towards personalised M-ECT: the role of self-rating mood scales**  
Liselotte Gezels (Belgium)
- 12:40 – 12:50            Questions and answers

**12:50 – 13:50 Lunch Break / Visit to the ECT Facility**

**Clinical Practice Nuggets**

Chair: Declan McLoughlin (Ireland)

- 13:50 – 14:10      *Confusional states and ECT: a prospective cohort study*  
Nathalie Denayer (Belgium)
- 14:10 - 14:30      *ECT-related anxiety*  
Jasmien Obbels (Belgium)
- 14:30 – 14:50      *Treatment-effects of ECT in young adults and cognitive side effects*  
Isidor Bergfeld (the Netherlands)
- 14:50 – 15:10      *Transferring Complex Patients for ECT*  
Olivia Dean (United Kingdom)
- 15:10 – 15:30      *Advancing the role of the operating department practitioner in ECT*  
Kay Fisher (United Kingdom)
- 15:30 – 15:40      Questions and answers

**15:40 - 16:10 Refreshment Break**

**Discussion Forum**

- 16:10 – 17:00      Relapse prevention on the basis of a recent Delphi study  
Moderator: Indira Tendolkar (the Netherlands)  
Discussant 1 – 5<sup>4</sup> Declan McLoughlin (Ireland)  
Discussant 2 – 5<sup>4</sup> George Kirov (United Kingdom)  
Discussant 3 – 5<sup>4</sup> Jordy Rovers (the Netherlands)
- 17:00              *Closing remarks*  
Adam Wichniak (Poland), Pascal Sienaert (Belgium)