

Education of Psychiatrists in ECT ***ECT: the modern evidence base***

14th Annual Meeting

European Forum for ECT (EFFECT)

*Jointly organized with the **Biological Psychiatry Section of Polish Psychiatric Association** and the **Institute of Psychiatry and Neurology***

Warsaw, Poland, Fri-Sat, October 25-26, 2024

Venue

Institute of Psychiatry and Neurology

Sobieskiego 9, 02-957 Warszawa, Poland

Building S, Department of Forensic Psychiatry (Klinika Psychiatrii Sądowej), Lecture Hall, Second Floor

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Registration

This meeting is for ECT practitioners, prescribers and researchers. All eligible participants need to register via www.theeffect.eu, with your name, full clinical/academic affiliation details and address, and e-mail.

This meeting is free to ECT practitioners who register from Poland. For all other participants the registration is complete after transfer of €100 to account: IBAN-code: BE94 7795 9036 9114; BIC-code: GKCCBEBB

EFFECT
European Forum For Electroconvulsive Therapy



Scientific meeting Friday, October 25th

Official language of the day: Polish

- 09:00 - 09:30 **Registration**
- 09:30 - 09:40 **Introduction and welcome**
Adam Wichniak
(Biological Psychiatry Section of Polish Psychiatric Association)
- Gabor Gazdag
(European Forum For Electroconvulsive Therapy)
- Representative of the Director of the Institute of Psychiatry and Neurology

Clinical Practice Nuggets – first serving

Chair: Łukasz Świącicki

- 09:40 – 10:10 **Basic knowledge about ECT – indication, contradiction**
Anna Zofia Antosik
- 10:10 – 10:40 **How to perform ECT – technical issues**
Agnieszka Permoda-Pachuta
- 10:40 – 11:10 **Seizure monitoring during ECT**
Adam Wichniak

11:10 - 11:30 Refreshment Break

Chair: Adam Wichniak

- 11:30 – 12:00 **Esketamine in the treatment of TRD**
Tbc
(session sponsored by pharmaceutical company-only for medical doctors entitled to issue a prescription)
- 12:00 – 12:30 **Social and cultural perception of ECT**
Łukasz Świącicki
- 12:30 – 13:00 **ECT in catatonia**
Gábor Gazdag (in English, Semmelweis University, Hungary)
- 13:00 – 13:30 **Residual symptoms and partial response to antidepressant treatment - importance for the patient's quality of life and further prognosis**
Anna Zofia Antosik
(session sponsored by pharmaceutical company-only for medical doctors)

entitled to issue a prescription)

13:30 – 14:30 Lunch Break/ Visit to the ECT Facility

Clinical Practice Nuggets – second serving

Chair: Anna Zofia Antosik

14:30 – 15:00 *Anaesthesia for ECT*
Patryk Rodek

15:00 – 15:30 *Efficacy of ECT in various indications*
Krzysztof Kucia

15:30 – 16:00 *ECT in pregnancy*
Malgorzata Urban-Kowalczyk

16:00 – 16:30 *ECT in the elderly population*
Monika Dominiak

16:30-17:00 *Electrode placement and pulse width in ECT: what should I choose?*
Declan McLoughlin (in English; Trinity College Dublin, Ireland)

Scientific meeting Saturday, October 26th

Official language of the day: English

- 09:00 - 09:30 **Registration**
- 09:30 - 09:40 **Introduction and welcome**
Adam Wichniak (Poland), Pascal Sienaert (Belgium)

ECT in Poland – past, present and future

Chair: Adam Wichniak (Poland)

- 09:40 - 10:00 **ECT use in Poland**
Anna Zofia Antosik (Poland)
- 10:00 – 10:20 **Education of psychiatrists in ECT**
Piotr Jazdzyk (Poland)
- 10:20 - 10:30 Questions and answers

Translational research update

Chair: Pascal Sienaert (Belgium)

- 10:30 – 10:50 **Spade fMRI GEMRIC symposium**
Jean-Baptiste Belge, UC Luik (Belgium)
- 10:50 - 11:10 **A prediction model for electroconvulsive therapy effectiveness in patients with major depressive disorder from the Dutch ECT Consortium (DEC)**
Dore Loef, Annemiek Dols (the Netherlands)
- 11:10 – 11:30 **Copenhagen Real-World Clinical Outcomes of Continuation and Maintenance Electroconvulsive Therapy**
Anders Jorgensen (Denmark)

11:30 - 12:00 Refreshment Break

- 12:00 - 12:20 **Impact of Titration, Dosage, and pulse-width, across Age on Electroconvulsive Therapy Effectiveness in Depression**
Julia Meijer, Eric van Exel (the Netherlands)
- 12:20 – 12:40 **Towards personalised M-ECT: the role of self-rating mood scales**
Liselotte Gezels (Belgium)
- 12:40 – 12:50 Questions and answers

12:50 – 13:50 Lunch Break / Visit to the ECT Facility

Clinical Practice Nuggets

Chair: Declan McLoughlin (Ireland)

- 13:50 – 14:10 *Confusional states and ECT: a prospective cohort study*
Nathalie Denayer (Belgium)
- 14:10 - 14:30 *ECT-related anxiety*
Jasmien Obbels (Belgium)
- 14:30 – 14:50 *Transferring Complex Patients for ECT*
Olivia Dean (United Kingdom)
- 14:50 – 15:10 *Advancing the role of the operating department practitioner in ECT*
Kay Fisher (United Kingdom)
- 15:10 – 15:20 Questions and answers

15:20 - 15:50 Refreshment Break

Discussion Forum

- 15:50 – 16:50 Relapse prevention on the basis of a recent Delphi study
Moderator: Indira Tendolkar (the Netherlands)
Discussant 1 – 5' Declan McLoughlin (Ireland)
Discussant 2 – 5' George Kirov (United Kingdom)
Discussant 3 – 5' Jordy Rovers (the Netherlands)
- 16:50 *Closing remarks*
Adam Wichniak (Poland), Pascal Sienaert (Belgium)